

extra-special things for during the year); and help plant a Doorstep Victory Garden with a senior.

<http://www.foodassistance.org>

Contact: Jane Y. Carlson,
Executive Director, 988-8899

FOOD NOT BOMBS

Provides free meals for people in need.

Volunteers are needed to: Pick up donated food from local groceries and restaurants, and help with meal preparation, serving, and clean-up.

www.gsohive.org

Contact: Liz Seymour, 274-1814

GREENSBORO URBAN MINISTRY

Provides ecumenical outreach services to those in the Greater Greensboro Area through food, shelter, clothing and emergency financial assistance.

Volunteers are needed to: Prepare and serve meals to the hungry; help manage shelters for both homeless families and single adults; help operate a clothing bank; interview clients applying for financial assistance and emergency food; receive and sort food donations from area grocery stores, local farmers, food brokers, and restaurants; offer mentoring and support to people in crisis situations, and serve as Stephen Ministers to guests and clients.

www.greensborourbanministry.org

Contact: Gail Gore-Lewis,
Director of Volunteer Services,
271-5959 Ext. 305

TRIAD HEALTH PROJECT

Provides practical and emotional support to individuals infected and affected by HIV/AIDS, including client services and prevention services.

Volunteers are needed to: Help at the Day Center, help serve lunch, work in the

flower garden, help label and seal envelopes, and help with a food drive.

www.triadhealthproject.com

Contact: Shane Burton, 275-1654, Ext. 26

GREENSBORO HOUSING COALITION

Advocates for safe, healthy affordable housing for all the citizens of Greensboro.

Volunteers are needed to: Collect data, do follow-up work with clients, and help publicize the work of the Coalition (including speaking before small groups of neighborhood activists).

www.greensborohousingcoalition.com

Contact: Skip Crowe, 689-0173

GUILFORD SOLAR COMMUNITIES

PROGRAM

Participates in creating a sustainable energy future in Guilford County through the promotion of solar and other renewable energy technologies, and through the promotion of energy efficiency.

Volunteers are needed to: Help with organizational planning and publicity, table events, and update the blog.

<http://guilfordsolar.blogspot.com>

Contact: Otto Afanador, (336) 586-0814

PIEDMONT LAND CONSERVANCY

Dedicated to permanently protecting our region's rivers and streams, natural and scenic areas, wildlife habitat, and farmland that make the Piedmont a healthy and vibrant place to live, work and visit.

Volunteers are needed to: Help on garden workdays in the Emily H. Allen Wildflower Preserve in Winston-Salem, table events in Greensboro and Winston, and help with office mailing parties.

info@piedmontland.org

Contact: Lynne Dardanell, Membership & Outreach Coordinator, 691-0088



DEEP ROOTS Market



COMMUNITY VOLUNTEER PROGRAM

3728 Spring Garden St.
Greensboro, NC

(336) 292 - 9216

Hours:

Mon. - Sat. 9 am - 8 pm
Sun. 12 - 7 pm

www.deerootsmarket.com

For CVP info, please contact:
marketing@deerootsmarket.com

DEEP ROOTS Market

COMMUNITY VOLUNTEER PROGRAM

The Deep Roots Market Mission Statement says, in part:
"In accordance with cooperative values and principles, we operate to serve the surrounding community, moving toward a healthy, equitable and sustainable future."

In alignment with that mission, the co-op is always looking for additional ways to expand its services. Out of this effort, our new **Community Volunteer Program** was born. This program allows Deep Roots owners to receive Deep Roots volunteer credit for time worked at a variety of community based, non-profit organizations. In this way, our owners can provide direct outreach service to those in need in our greater community.

How It Works:

♥ If you're a Deep Roots owner wishing to participate, choose a non-profit from the list of approved organizations that are set up to take part in the program (*see the list of organizations on the back sections of this brochure.*)

♥ To receive co-op credit, the organization must be one for which you do not already volunteer.

♥ Make arrangements through the co-op's owner services (*contact Emily Clancy in Marketing & Owner Services*). You will be given a worksheet to be signed by the community organization. Return the signed worksheet to Emily, who will give you V-credit for the number of hours volunteered. You will then receive a discount the following month based on the number of hours put in at the organization during the current month.

♥ If you volunteer 3 or more hours in a given month, according to the above criteria, you'll receive a Deep Roots discount of 5% anytime you shop the following month (*replacing the usual once-a-month 5% discount for that month*).

Note: Regardless of the number of hours you volunteer, *5% is the maximum volunteer monthly discount available for this program.*

Also Note: This is a pilot program -- ongoing changes may be made according to future participation levels and financial impact on the co-op. If you have feedback about the program, please contact Emily Clancy or Joel Landau, General Manager.

Deep Roots Market COMMUNITY VOLUNTEER PROGRAM

Eligible Organizations

(As of February 1, 2008)

- ♥ Food Assistance, Inc.
- ♥ Food Not Bombs
- ♥ Greensboro Urban Ministry

- ♥ Triad Health Project
- ♥ Greensboro Housing Coalition
- ♥ Guilford Solar Communities Program
- ♥ Piedmont Land Conservancy



Here's a summary of what each organization does, their contact info, and what some of the volunteer opportunities are. Please remember to mention the Deep Roots Market Community Volunteer program when enquiring about participation:

FOOD ASSISTANCE, INC.

"Groceries on Wheels"

Offers food, friendship, and hope to improve health and wellness for low-income seniors in Guilford County.

Volunteers are needed to: Pick up and deliver groceries to their assigned seniors once a month; serve on the Resource Board; collect paper, plastic grocery bags; collect monthly food items; work at the warehouse with packing, sorting, organizing and cleaning; Adopt-a-Senior program (develop a friendship and do